



DNC Seminar

**“ ILLNESS WITHOUT DISEASE.
A BRAIN DISORDER?”**

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The Research Clinic for Functional Disorders and Psychosomatics
Aarhus University Hospital

**Wednesday 8th of December
14.30-15.30**

Palle Juul-Jensen Auditorium,
Building 10G, Århus Sygehus, NBG

SYNOPSIS:

Functional somatic disorder or syndromes such as fibromyalgia, irritable bowel syndrome, chronic fatigue syndrome and somatoform disorders are highly prevalent and may be persistent and disabling for patients and costly to services. A huge overlap between these diagnostic constructs has been shown. Recently the diagnosis of Bodily distress syndrome has been introduced as a diagnosis that may unite and replace many of the functional somatic syndromes (FSS). Symptom profiles of this disorder suggest that the cause of the disorder can be ascribed to centrally controlled mechanisms rather than abnormalities in specific peripheral organ systems. Brain imaging findings in various functional somatic syndromes have indicated a cerebral dysfunction although different psychopathological and psychological characteristics also may be involved. The first presentation present hypotheses on the aetiology of Bodily distress syndrome with main focus on CNS factors. The second presents an RCT on a specialized treatment programme for severe Bodily distress syndrome by means of cognitive behavioural group treatment (STreSS). The programme seems suitable for the management of patients with various severe FSS.

ALL ARE WELCOME

DNC offers refreshments afterwards

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